



AFGHANISTAN -  
HISTORICAL CITIES AND  
LANDSCAPES OF THE HINDU KUSH  
PRACTICAL INFORMATION

# What to expect on this trip?

Afghanistan offers a unique travel experience, rich in history and culture. Expect to encounter a deeply conservative society with limited infrastructure. Tourist numbers are increasing, but facilities remain basic. Security checkpoints are common; patience and cooperation are essential. Traveling with experienced local guides of Penguin Travel ensures a safer and more enriching journey.



# Visa requirements:

For most nationalities, a tourist visa for Afghanistan can be obtained in an embassy with a Letter of Invitation (LOI) before the trip, which we provide. We recommend obtaining the visa through the Afghan Embassy in Dubai, but other embassies are also available. Simply let us know, and we will issue the LOI for you. Please note that visa fees are not included in the package price. We can issue LOI only to travellers travelling with Penguin Travel

\*Please keep in mind your passport must be valid until at least 6 months after the date of arrival.

\*Penguin Travel bears no responsibility if your visa is rejected or not received on time.

# Accommodation & transportation:

Expect basic, clean accommodations. Rooms are typically twin-share, with private bathrooms. While amenities may be limited, the focus is on safety and comfort.

Transportation is provided in a private van or cars, depending on the group size, ensuring comfortable and secure travel throughout the tour.



# Luggage restriction:

For the tour, luggage should be kept to a minimum. We recommend one medium-sized suitcase or backpack per person, along with a small carry-on bag for essentials. Due to space limitations in vehicles, please avoid large or excessive luggage.

## Dress code and what to pack:

In Afghanistan, both men and women are required to wear traditional clothing at most time during the trip. These can be purchased on the first day after arrival, allowing you to blend in with the local culture. Women must wear long, loose-fitting clothing and a headscarf, but a full face cover is not mandatory. Men should also wear traditional attire, typically consisting of long trousers and a shirt with sleeves.

Other things to pack:

- Modest clothing
- Headscarf (women)
- Comfortable walking shoes
- Light jacket or sweater
- Sun protection
- Personal hygiene items (toiletries, wet wipes, hand sanitizer)
- Power adapter (Afghanistan uses plug type C, D and F)



# Currency and payments:

The official currency of Afghanistan is the Afghan Afghani (AFN). However, US dollars (USD) are also widely accepted in many places, especially in urban areas and tourist sites. Credit cards are not widely accepted in Afghanistan, and ATMs are unreliable or non-existent in many regions. Therefore, it is essential to carry enough cash in USD to cover your expenses throughout the trip.

Your tour guide will advise you about the best ways to exchange money.

To calculate your budget, we recommend allocating about 15-30 USD per day for personal expenses.

**IMPORTANT:** you are not allowed to exit the country with more than 500 USD cash at land borders or 5000 USD cash at the airport.

## Local payment:

The local payment is part of the total cost of the tour, it is NOT an additional fee.

During this tour, there are a lot of cash expenses that we as an agency need to cover.

That's why to make it safer and easier for our tour leader, they will collect a small amount in cash directly from you during the tour (this amount was already deducted from your invoice).

Having a Local Payment also allows us to keep the cost of our tours competitive and save on operational and administrative costs, so we can pass the savings on to you.

Please note that the local payment doesn't cover tips for the local guides or entry fees.



# Local guides and tour leader:

On this tour, you will be accompanied by a tour leader from Penguin Travel (if the group is min. 10 people) and local English-speaking guides.

The tour leader is responsible for organizing the logistics and ensuring that the tour runs smoothly.

The tour leader might have or have not visited the destination before.

The local guides will provide more information about the history and significance of the places you visit.

Some of the sites have their on-site guides.

Tips for the local guide/ tour leader are not included in the package price (we recommend about 5 USD per person per day for the local guide/tour leader and 3 USD per person per day for the driver).

\* Please note that there may be differences during your trip compared to the itinerary published on our website. While we strive to adhere to the planned schedule, we might need to make adjustments before or during the trip due to unexpected circumstances and other factors to ensure your safety and the best possible experience.

\*\* Click [here](#) to see our tour itinerary and departure dates.

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WE WISH YOU  
AN UNFORGETTABLE TRIP!

