



SAFARI TOURS 2025

FREQUENTLY ASKED QUESTIONS



What is served as food and meals?

In the daily description of the tours, you will see the meals included (B-breakfast, L-lunch, D-dinner). Three hearty meals are included a day (unless otherwise specified). Vegetarians can be catered for, and we do our best to offer a varied menu. Most of the meals on the camping trips are cooked by the staff traveling with the group. Our guides can produce miracles on a camp stove, but please remember that they cook for the whole group on two gas burners. Special dietary requirements can be catered for, but only by special request. In East Africa, it is more difficult to cater to specific requirements.



What are the types of accommodation??

On our camping tours, you will stay in two-man dome tents. We supply a mattress, and you supply your own sleeping bag. The accommodated tours stay in traditional huts, permanent tented camps, and hotel rooms; the majority of these are ensuite. In the tour description, you will see if the specific tour offers camping or lodge accommodation. On some of the safari trips, you can choose the accommodation style.

Do I have to help with camp chores?

On our tours our guides do most of the work. On a camping tour your participation in camp chores is limited: taking turns to assist with washing-up duties, putting up and taking down your tent and loading your bags. On some of our accommodated tours we include a camp assistant.



What are the health requirements?

All people who join an adventure tour need to be in good health. Medical facilities are not always available. If you have a specific medical condition it is compulsory for you to advise us before departure.

What are the concerns regarding malaria?

Malaria is a serious problem in Africa however it does not have to be a problem for you as long as you are vigilant about using your mosquito repellent and you take your malaria tablets. Malaria is transmitted by mosquitoes and is more prevalent where there are high concentrations of people and water. The main points to keep in mind about malaria. Prevent getting bitten by wearing clothes that cover your bare skin. Long shirts, socks, shoes and long pants after dark – most mosquito bites occur below the knee. Insect repellent is the single most important line of defense. Make sure you bring enough of an effective (preferably stick or lotion) repellent and that you use it liberally and frequently!



Do I need to be vaccinated?

If you have entered a Yellow Fever infected area, you will be required to have a vaccination before entering into other countries. If travelling further north of Vic Falls, then you will definitely require proof of a Yellow Fever vaccination. Travel Clinics provide vaccinations and Malaria tablets.

Do I need a visa?

As visa requirements vary considerably depending on your nationality, please contact the various embassies or visa service agencies to re-check visa requirements at least four weeks prior to departing for your tour. Please note that visas are the responsibility of the traveller and that Penguin Travel will not be held responsible for clients being denied entry should they not be in the possession of the relevant visas.

Do I need travel insurances?

It is mandatory to have a good travel insurance. You can check the options with our partners at IATI [here](#).



Are there any luggage restrictions?

Your luggage is limited to one backpack and one day pack weighing no more than 23kg. As a general rule, if you cannot lift your own luggage, you've packed too much! Most people make the mistake of bringing too many clothes on tour, less is more in this instance. Should you require larger baggage allowance, this could be arranged by sending a request to us. We cannot always guarantee that we will be able to accommodate large (or excess) baggage. Please keep in mind that this is a safari tour in a specially designed truck and luggage should NOT include any Samsonite style suitcases. As the wheelie / trolley bags have a solid frame, they don't fit into spaces the same way a backpack or a duffel bag does.

Other things to note:

We will send you a more detailed pre-departure guide a few weeks before the trip including more practical information like what to pack, currency used and other details.

